

# WIDOWED



# SUPPORT GROUP

Widowed Support Group is for men and women who have lost a spouse through death. Offered in a 12 week session, the topics include: Stages of grief, Stress, Self esteem and Legal and Financial matters.

This group has a set number of participants so registration is necessary. Call 662-6069 for details. \$30.00 donation suggested but not required.

*12 Week Widowed Support Group  
Saturday mornings @ 10:00 am – 12:00 pm*

*November 5, 2011 – January 21, 2012*



**Provided by:**

**Good Grief Center**  
1610 Fifth St.  
Wenatchee, WA 98801  
509-662-6069

